



# Thanks for booking with O Tattoo Studio!

## 6397 Telegraph Ave. Oakland Ca

Here's some tips to help maximize your visit to the studio:

### Pre-Tattoo Care:

- 2 weeks prior to your appointment avoid strength training in the area of the tattoo.
- Every day for 7 days prior to your tattoo moisturize and exfoliate the area(s) of your tattoo(s).
- Sunburned or damaged skin cannot be tattooed. Take proper care (sunblock/ avoid direct sunlight) of the area to be tattooed
- Do not drink alcohol the day before and the day of your appointment
- Limit your caffeine intake prior to your appointment.
- Please eat a substantial meal before your tattoo. Remember to bring a snack - you can take a short break to eat in the waiting area if you need to.
- Bring water, hydration is important!
- Let your artist know if you are: taking blood thinners, allergic to latex or adhesives, experiencing symptoms of sickness or have any other potential allergies or health concerns.

### Location / Transit:

Our address is 6397 Telegraph Ave. (cross-streets are Telegraph and Alcatraz - see map/photo below). Take care to ensure that you arrive at the correct studio, and NOT our sister-studio Black Serum in SF. If you need to park your car, you can park in front of the shop, just know the metered parking is only for an hour at a time (but free on Sundays / national holidays and after 6pm). You can also park around the block in the neighborhood for free if you don't mind a little walk (just pay attention to signs for street sweeping days). We are a short walk from Ashby Bart (10min) and nearby 6 bus stop. We do not have a space in the studio for bike-storage, please bring a bike-lock (there are spots immediately outside the studio front-door). There are two entrances to the studio, please use the black door next to Mixed Pickles. Once you are here, just ring the door-bell and we will welcome you in!

### Guest Policy:

Guests are welcome Monday-Wednesday as long as we have space, which is pretty limited depending on the day (we might not be able to accommodate guests). We have a locked door policy at the studio for privacy; so guests must wait inside the studio until the tattoo is finished (the door must remain locked). There are also two excellent restaurants a block away if your friends/family want to get a bite while they wait.

### During Your Tattoo:

Our current policy is that face masks are encouraged at the studio. Let your artist know if you aren't feeling well during your tattoo (feeling faint / low blood sugar level ect..) or if you need a break at any time. Please keep us updated on how you are feeling, we want to make this experience as comfortable as possible for you! If you need another pillow or a blanket, just let us know!

### Payment:

Our artists prefer cash for payment. There is an ATM at the Arco gas station across the street on Alcatraz for a \$3.00 charge; there is also a Wells Fargo and a Bank Of America a short drive away.

### Aftercare Instructions:

You should receive a print-out of our after-care instructions at the end of your appointment; but just in case here it is:



## Tattoo Aftercare Instructions For O Tattoo Studio

- **Tattoos take approximately 3-5 weeks to heal completely.**
- Always wash your hands **before** touching your tattoo!
- If you **received a traditional breathable bandage (NOT Second Skin or Saniderm)** - remove the traditional bandage the morning after the tattoo.
- Avoid exposing your fresh tattoo to direct sunlight for 2 weeks. After that, apply sunblock to protect your tattoo.
- If **you are using Second Skin or Saniderm** bandages leave on for three days (You can shower with Second Skin/Saniderm bandages on) but if it begins to peel or tear it should be removed after 24 hours as the sanitary seal is compromised. If you experience uncomfortable skin irritation, redness, or allergic reactions remove the Saniderm. It is possible you may notice visible “blurring” of your tattoo, or a squishy fluid build-up beneath the bandage and over the tattoo. This is normal and is nothing to be concerned about. Do not try to puncture it as you will compromise the sanitary barrier. If you notice liquid coming out the sides of Saniderm/Second-Skin remove the bandage. Remove Saniderm/Second-Skin in the shower under warm running water (this will help loosen it). Be gentle while removing the bandage, slowly pull it off patiently.
- Wash your tattoo with an unscented soap that is safe for open wounds. Be gentle, **do not use a washcloth or anything that will exfoliate your tattoo.** Only use your hands.
- Gently pat your tattoo dry with a paper towel. **Do not rub, or use a fabric with a rough surface to dry your tattoo.**
- **The first 3-4 days:** Rub a **small** amount of unscented ointment or lotion (we recommend Cetaphil, CeraVe, or Aveeno). Be sure to use products that you are not allergic to. Always use clean hands and do not place your fingers back into the ointment or lotion after touching your tattoo (products with a pump are better than a tub). Make sure to rub the ointment or lotion in so that it is not shiny, or greasy— **you want the thinnest amount possible.** Pat off any excess ointment or lotion with a clean paper towel. **Do not use Vaseline, petroleum, Neosporin, or any products containing Aloe Vera.** Wash, dry completely and apply ointment or lotion 3-5 times daily.
- **Do not use any cloth bandages or pads** as the fibers of this material can adhere to your open tattoo and hinder the healing process.
- **Wear clean soft clothing** over your tattoo for the first 2 weeks— avoid anything abrasive or irritating.
- **On day 3 or 4:** your tattoo will begin to peel. This is normal! Do not pick at the skin. Use a mild white unscented lotion that is free of dyes or Perfumes. Use lotion for a minimum of 2 weeks, 3-5 times daily.
- **If you notice an allergic reaction to any soap / ointment / moisturizer used - discontinue use of the product and contact a medical professional immediately.**
- **Never ice directly on top of your new tattoo,** make sure it is clean and there is a thick barrier between the icepack and your fresh tattoo.

## Things To Avoid

- **Do not pick, scratch, peel, slap, rub or irritate your tattoo.**
- **Avoid exercising** or excessive sweating for 2 weeks
- You can shower, but **avoid soaking** your tattoo for 2 weeks (swimming, bathtub or hot tub). Avoid gardening or contact with animals (including saliva, hair, and dander) during the healing process.
- **Avoid exposing your tattoo to the sun** for at least 3 weeks, then use sunblock consistently to protect the tattoo from sun-exposure.
- **Do not wear abrasive materials,** jewelry, or shoes that rub against your tattoo.
- **Do not let anyone touch your tattoo,** unless they wash their hands.

## You Can Also

- **Ice your tattoo with a thick clean barrier to reduce swelling.**
- **Elevate your tattoo to reduce swelling.**
- **Take short showers.**

## Signs Of Infection

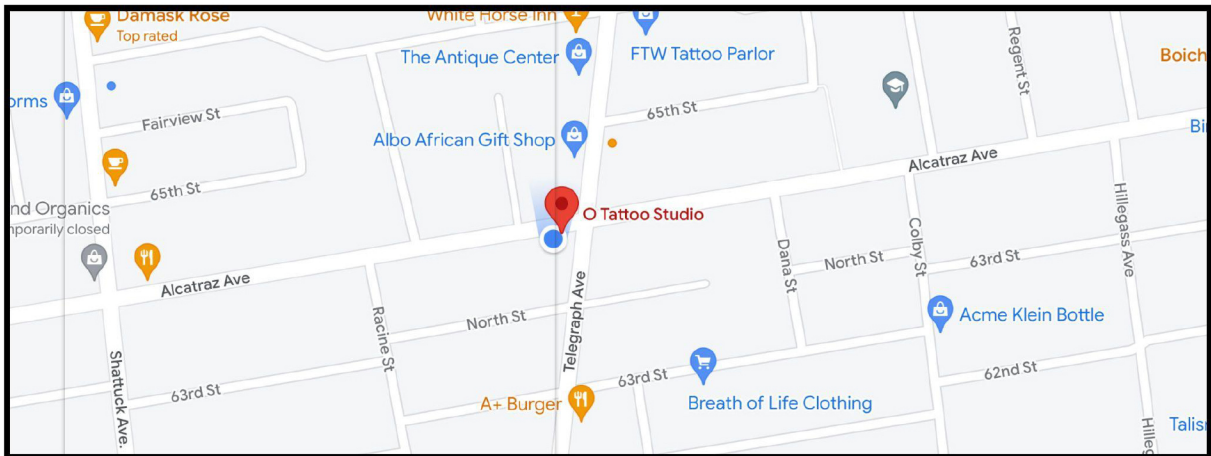
- **Signs and symptoms that indicate the need to seek medical care:**
  - **purulent drainage from the procedure site.**
  - **High fever especially over 102°F.**
  - **prolonged or severe pain, redness, swelling or tenderness.**
  - **sores that contain or release thick, white or yellow fluid.**
  - **muscle aches and pain affecting the whole body.**
  - **extreme or unquenchable thirst.**
  - **hard, red, raised bumps or wounds.**
  - **Red streaks moving towards the heart.**
  - **Diarrhea**
  - **Nausea and / or vomiting.**



## O Tattoo Studio

6397 / 6399 Telegraph Ave. Oakland Ca 94609

(3 story green building across Telegraph from PetFood Express)



If you have a moment after your tattoo we would love your feedback on Google (scan QR code below)!

